

Catherine Walls

Foundation Degree Sports Training and Rehabilitation

“When I left school I initially planned to go into sports, however I began a family and concentrated on bringing my children up. I joined a part time course in Swedish Remedial Body Massage at the college and thoroughly enjoyed it. This allowed me to gain voluntary work with various rugby teams, contributing with physio and massage techniques. I heard about the foundation degree at the college and thought it would be an ideal platform for me to build on my previous years study. There is a good mix in the class and support is on hand and flexible when needed. I'm hoping to upgrade the foundation degree to a full BSc honours degree with a further years study. As a mature student I've learned that it's never too late to fulfil your ambitions, having to balance study with looking after my children is challenging, but it's more than worth it.”

